



Written Test
Yellow Belt Testing for Green-Tip Belt

Name: _____

1. How has Taekwondo affected your daily life?

Mentally:

Physically:

Emotionally:

2. What would you like to improve before your next belt testing?

Mentally:

Physically:

Emotionally:

3. Why do we bow in Taekwondo?

4. What is your favorite drill or technique? Why?

5. Draw a line connecting the words on the left to the matching words on the right:

FORMS
MASTER
GRANDMASTER
INSTRUCTOR

SA-BUM-NIM
KWAN-JANG-NIM
KYO-SA-NIM
POOMSE

BRIO TAEKWONDO

Test Fee \$55



Name: _____ Date of Birth: _____ Age: _____

Present Rank: _____ Applied Rank: _____

Date of Test: _____ Belt Size: _____

A+ A B C D

Comments

	A+	A	B	C	D	Comments
Stances and Movements						
Endurance / Conditioning						
Kicking Technique						
Foot Work						
Blocking and Punches Drills						
Motion Blocks						
Forms (Poomse)						
Respect / Focus						
Flexibility						
Sparring Technique						
Board Breaking						