



Written Test

Blue Belt Testing for Red-Tip Belt

Name: _____

1. How has Taekwondo affected your daily life?

Mentally:

Physically:

Emotionally:

2. What would you like to improve before your next belt testing?

Mentally:

Physically:

Emotionally:

3. How is Taekwondo good for you and your family? (give an example)

4. What is the definition of the Taekwondo tenet: PERSEVERANCE (give an example)

5. Draw a line connecting the words on the left to the matching words on the right:

Turn around

Sit down

Stand up

Horse riding stance

You're welcome

Chun-man-ae-yo

Tito-dorah

Chum-Chum Seogi

E-duso

Anjo



BRIO TAEKWONDO

Test Fee \$65

Name: _____ Date of Birth: _____ Age: _____

Present Rank: _____ Applied Rank: _____

Date of Test: _____ Belt Size: _____

	A+	A	B	C	D	Comments
Stances and Movements						
Endurance / Conditioning						
Kicking Technique						
Foot Work						
Blocking and Punches Drills						
Motion Blocks						
Forms (Poomse)						
Respect / Focus						
Flexibility						
Sparring Technique						
Board Breaking						