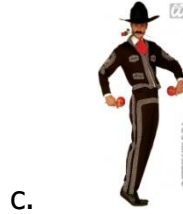


Little Dragon Written Test #1

White Belt Testing for Orange/White Stripe Belt

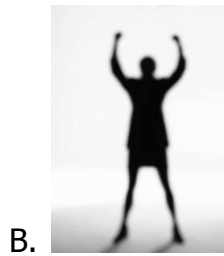
1. How do we dress-up for Taekwondo class?



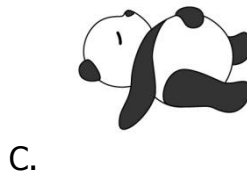
2. What is the name of your instructor?

- a. Lisethe b. Ms. Lisethe

3. Select the correct answer for Cha-ry-uht.



4. Select the one that is kicking.



CHANG LEE'S TAEKWONDO

Little Dragon Test \$30

White Belt Testing for Orange/White Stripe Belt

Name: _____ Date of Birth: _____ Age: ____

Present Rank: _____ Applied Rank: _____

Date of Test: _____ Belt Size: _____

A+

A B C D

Comments

	A+	A	B	C	D	Comments
Stances and Movements						
Following Directions						
Kicking Technique						
Coordination						
Balance						
Motion Blocks						
Forms (Poomse)						
Sparring Technique						
Focus						
Flexibility						
Endurance						
Respect						
Board Breaking						

